

# Journey CHURCH

Pastor James Greer  
[James@jcpineville.com](mailto:James@jcpineville.com)  
[www.jcpineville.com](http://www.jcpineville.com)



## Raise the Bar on Forgiveness

### I. Biblical forgiveness.

1. Don't keep bringing up the past hurts to hurt the one that hurt you.
  - i. But, don't forget what they did where they keep hurting you.
2. Don't keep bringing up the past hurts/sins to hurt yourself.
  - i. Remembering your past hurts/sin prevents you from repeating them.
  - ii. Don't self-impose guilt from sin that has been forgiven.
3. Forgiveness does not always mean trusting the person again. (2 Timothy 4:14, MSG; 2 Timothy 4:15, NIV)
  - i. Love is given; Trust is earned.
  - ii. Peace is a by-product of trusting Jesus not those who have hurt you.
  - iii. Peace comes from knowing God will provide for you.
  - iv. Forgiveness is free—we received it freely and we give it freely.
    - a. We forgive because God tells us to.
    - b. We forgive to let the poison go and be free from the past and move on to the future.
  - v. Trust is ***earned***.
    - a. Trust when, and only when, the other person is trustworthy.
    - b. A person is trustworthy when they have ***behaved*** in a ***trustworthy manner, consistently***, over time.

### II. Free and Free Indeed.

1. When you do fall back into sin remember we have hope. (Lamentations 3:21, KJVA)
2. Our hope is in the Lord—He is faithful.
3. God's mercies are new every morning. (Lamentations 3:22-23, KJVA; Luke 1:37, KJVA)
4. Jesus not only wants to save you, free you, but He wants you ***free and free indeed***. (John 8:32, NKJV; John 8:36, KJVA)
5. We are set free by the blood, but hanging on to our past keeps us in bondage. (Exodus 12:21-22, TLB; Exodus 12:3-32, TEV; Exodus 14:15-16, TLB)
6. To be set free indeed we must no longer return back or look back. (Exodus 14:27-28, TLB; Exodus 13:3, TEV)
7. Free and free indeed allows you to look up to heaven in peace, power, and remembrance of the presence of God with you.