

## 52 Day Miracle Fasting for Spiritual Breakthrough

- I. **First Key to 52 Day Miracle is you have to have a Burden that's Great.**
  1. Most large godly **visions are born out of a burden**—this 52 Day Miracle Vision was born for our people, our church, but also our city.
  2. Do you have a burden that is so great you are willing to weep, mourn, fast, and pray? (Nehemiah 1:3-4, NIV)
  3. We have become so busy and worried we don't stop and allow God to burden our hearts and minds like he wants to.
  4. **The starting point is we have to have a burden for those hurting and helpless**—we are the answer to Jesus' prayers. (Matthew 9:35-26, NCV; Matthew 9:25-38, NIV)
  5. Nehemiah's burden for his people was so great he wept, mourned, prayed, and fasted for days.
- II. **Second Key to having a 52 Day Miracle is we have to know or learn how to activate that burden.**
  1. God is the God of mercy and when He sees us burden, mourn, fast, and pray for the very thing He wants to come about it activates His Power in a supernatural way. (Ezra 8:21, KJV)
  2. Fasting helps afflict our soul—helps us to become humble before God.
  3. When we fast on purpose with a purpose, it can cause us to become **burdened** about the **right things** the **right way**—then God answers our prayers. (1 John 5:14-15, NKJV)
- III. **Third Key to having a 52 Day Miracle is the Choices you make. (Nehemiah 1:4, NKJV; Isaiah 58:5-6, NKJV)**
  1. Fasting is a choice—it is the choices we make that greatly determine success or failure in our life.
  2. Fasting for results on purpose with a purpose—our way of coming to God for the answers and relief.
    - a. Loose the bonds of the wickedness. (Matthew 12:29, NKJV)
    - b. Undo heavy burdens. (Matthew 11:28-30, NKJV)
    - c. Oppressed go free. (Exodus 3:9-10, NKJV)
- IV. **Challenges for the week:**

# Journey CHURCH

*Pastor James Greer*

[James@jcpineville.com](mailto:James@jcpineville.com)

[www.jcpineville.com](http://www.jcpineville.com)



1. Would you ask God to give you the right burden for the right people?
2. Would you be willing to fast this week? (Matthew 17:21, NKJV)
3. Types of Fasting:
  - a. Fast from one meal a day.
  - b. Fast for one day next week.
  - c. Fast until next Sunday.
4. Important Insights:
  - a. Make some special time for God and His Word.
  - b. When hunger pain comes let it remind you to pray and ask God what He would have you pray for.
  - c. Have target prayers—pray for specific people or specific answers.
  - d. The key is not to get what you want, but to find God's will in the matter, that's all that matters!